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"What I say unto you I say unto all, WATCH."—Jesus



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Founded in 1898 by Mary Baker Eddy,
 Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

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"What I say unto you I say unto all, WATCH." Jesus

A Timeless Healer

BEVERLY BEMIS HAWKS

Thrown from a sleigh in 1877, a teen-age girl sustained a spinal injury that made her a semi-invalid for eighteen years. The Christian Science textbook, *Science and Health with Key to the Scriptures* by Mary Baker Eddy, was offered to her in 1895. She was healed by reading the book.

This book continues to bless and heal generation after generation. A three-year-old—the great great-grandson of the woman in the sleigh—cried as he told his grandmother of a healing he needed to have. He was ill with a fever.

She asked if he wanted to cry and feel terrible or think rightly and feel good. She said that she was going to know what was true of him and that she expected him to help by doing the same. They both agreed to pray.

That night, even in delirium, the little fellow was heard voicing simple truths of God and man from the textbook. By midnight

he was free. The next day he said to his grandmother, "I've had a healing." *Science and Health* states, "It is possible,—yea, it is the duty and privilege of every child, man, and woman,—to follow in some degree the example of the Master by the demonstration of Truth and Life, of health and holiness."¹

How can the reading of *Science and Health* heal a physical difficulty? Well, it can because this book can change, enlighten, the consciousness of the one reading it, so that his concept of being is the opposite of what it was before. There is an overturning in his consciousness until the comforting Christ predominates there. It is as Ezekiel wrote, "I will overturn, overturn, overturn, it: and it shall be no more, until he come whose right it is; and I will give it him."²

This overturning, or transforming of human consciousness, is not a matter of changing one mortal view for another mortal view but rather exchanging a mortal view for a spiritual one. *Science and Health* spiritually interprets the Bible, brings the thought of the reader into line with divine Principle, with the Science of being.

What a marvelous thing to realize with certainty that no change of what is real is needed; that everything is just as God causes it to be—as perfect as He is! What appears to be discord and hate can be proved unreal.

Scientific prayer starts with a sense of the presence of divine Love's greatness. Logically, because Love is infinite and eternal, Love's reflection is perpetually good and whole. Even glimpsing this, we can see cruel suggestions of evil lose their footing. It is then that fear is replaced by peace, assurance, and healing.

Healings that result from understanding the Science of being are indeed welcome and meaningful, for they are practical proofs that primitive Christianity has been reinstated—Christianity as the Master, Christ Jesus, taught it. "Proof is essential to a due estimate of this subject,"³ writes Mrs. Eddy about her discovery.

An experienced student of Christian Science, while surely interested in healing and expectant of it, is predominantly concerned with far more than mere comfort in matter. He cherishes first his spiritual progress.

There are great numbers desiring such progress who are searching for spiritual answers. World thought has been overturning, overturning, overturning, especially since *Science and Health* was pub-

lished a hundred years ago. Naturally, world thought is stirred by this decidedly revolutionary discovery, Christian Science—declaring the allness of Spirit, God, and the absolute nothingness of matter. This Science insists that Christ is the expression of God, that every idea of God is characterized by the Christ, and that man is not matter.

At the time when many people are searching for spiritual answers, why don't they delve into the book that contains them and hurry to join the Church of Christ, Scientist?

There are many who study Christian Science with keen interest and profit by its teachings yet believe they don't wish to embrace the church. Nonetheless, without the institution the book would be not only unprotected but unprinted in its pure form.

The compelling, motivating force that inspires church membership is an undeniable urge to help the world. The textbook should be in the hands of all who will receive it—yet millions have never heard of it. Through the efforts of the institution of church, humanity can be made acquainted with it more expeditiously.

One might ask, "Doesn't the Bible show us how to heal?" Yes, it does. However, for centuries healing works were not being accomplished consistently. One might also ask, "Couldn't someone other than Mrs. Eddy have discovered the Science contained in the Bible?" The fact remains that in almost two thousand years no one else did. The immovable dedication, constant inspiration, compassionate love, and stable courage of Mrs. Eddy enabled her to receive God's revelation of Himself and to follow through with the founding of the Christian Science movement. What a contribution to the world to interpret the Holy Scriptures in their spiritual meaning!

Many Christian churches are finding healing an integral part of theology. Might it not be the effect of the presence of Christian Science in the world that has awakened these churches to their responsibility to do healing works? Is not the ageless book *Science and Health* destined to go down in history as the instrument through which world consciousness was radically changed? Is it not leading the way to the accomplishment of the "greater works" ⁴ the Master said his followers would do?

¹ *Science and Health*, p. 37; ² Ezek. 21:27; ³ *Science and Health*, p. 341; ⁴ John 14:12.

THAT WHICH ABIDES

The child that shall lead them
is not (however winningly portrayed)
scaled to conform

to the infantile

or the juvenile;

is not truer by virtue of being smaller;
not a mortal in miniature—

since the leopard and the lion
are no more apt to be found lying down
in a nursery or a kindergarten
than in halls of state
or centers of learning.

O what must lead

to the Peaceable Kingdom

is innocence itself!

Not that appearing

(so brief and perishable)

of the "clouds of glory" envisioned by poets
as trailed into exile by the newly born—
but an innocence having

nothing whatever to do

with age or size or transiencies of bloom,
enduring (as it must) at the very core
of every creature here upon earth:
no matter how embittered

or estranged or spent;

how far-away-gone from a cradled start
in a forgotten dawn.

A child abides.

The Fathered, the Mothered,
the ineffaceable one

only waiting—waiting—to be recalled
(from this drawn-out dream of a jungled world)
and so, itself being led, to lead
all ravening beasts
and desperate men
most gently and sweetly home again.

DORIS PEEL

[Original in German]

World Peace— Our Part in It

KURT WERNER

Many may say there have always been wars and therefore wars are unavoidable. But deep in the hearts of men the hope for world peace persists. This right desire is for a meaningful, free, and happy life for all mankind—a life under God's law, such as Isaiah describes: "The work of righteousness shall be peace; and the effect of righteousness quietness and assurance for ever. And my people shall dwell in a peaceable habitation, and in sure dwellings, and in quiet resting places."¹

Where can such peace be found? We must begin with ourselves. True peace begins for us in our own thinking, and is evidenced through the peace we ourselves express. The spiritual understanding of God and man radiates peace. We gain this consciousness that leads to peace and harmony through our study and application of Christian Science. As Mrs. Eddy writes in *Science and Health*, "Christian Science brings to light Truth and its supremacy, universal

harmony, the entireness of God, good, and the nothingness of evil.”²

Discord arises when one accuses or offends another and neither wants to forgive or make concessions. Indulgence in such adverse traits as dissension, hate, envy, unfriendly rivalry, and revenge endangers peace. One must separate himself from these and recognize the spiritual forces of God, divine Principle, as supreme.

Many who wish for a lasting peace ask themselves, “What can I do to help rid the world of the inharmonious conditions from which war, confusion, and suffering arise?”

Wars and all discords will cease when men recognize that in reality they are God’s children and can perceive and follow God’s guiding. Spiritually speaking, we can know only the true man, who emanates from God as Mind’s idea, and who as the offspring of infinite Love is loving, kind, and intelligent. “Blessed are the peacemakers: for they shall be called the children of God.”³

Men of good will all over the world are working for world peace. Love for God is inspiring many to clear their hearts of enmity, to give up self-will, envy, and hate, to become filled with the healing warmth of God’s love. In proportion as the individual demonstrates harmony, brotherly love, and peace in his own relationships will he see others feeling and expressing these spiritual characteristics.

Through the revelation of the Christ as exemplified in the life of Christ Jesus, the Apostle Paul knew that all men have the same heavenly Father and belong to the same heavenly family. He wrote to the Christian Colossians: “Lie not one to another, seeing that ye have put off the old man with his deeds; and have put on the new man, which is renewed in knowledge after the image of him that created him: where there is neither Greek nor Jew, circumcision nor uncircumcision, Barbarian, Scythian, bond nor free: but Christ is all, and in all. . . . And let the peace of God rule in your hearts.”⁴

The real man, reflecting the intelligence of the one true Mind, cannot be falsely influenced and governed. He cannot become the victim of the worldly hypnosis of strife and confusion. As we view the many conflicts in the world, the apparent machinations of evil seeming to battle against good, we might ask ourselves: Do we regard inharmonious human events as natural and unavoidable?

One who is not able to distinguish good from evil needs to gain the spiritual conviction that knows true good, and is not deceived

by the falsity of the material senses. The way to bring spiritual peace to mankind is to turn from every influence of evil and yield willingly to the government of God, all-encompassing good, recognizing that He has complete dominion over His creation. There is nothing in the world that can influence, disturb, or stop right thinking and right doing.

Students of Christian Science find they can demonstrate greater harmony, well-being, and peace as they consistently reflect true peace in their lives. Mrs. Eddy counsels: "Watch diligently; never desert the post of spiritual observation and self-examination. Strive for self-abnegation, justice, meekness, mercy, purity, love. Let your light reflect Light."⁵

Christian Science reveals the true peace promised by Christ Jesus in this loving assurance: "Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid."⁶ This peace is of God. It is reflected in thought that is calm, upright, compassionate, and just.

The genuine peace that Jesus knew fulfills the God-appointed task of loving selflessly and serving God with pure purpose. Pride, fear, jealousy, and injustice have no place in God's world, no influence on God, divine Mind, in whom no matter or mortal error exists. Mrs. Eddy maintains: "Mind's control over the universe, including man, is no longer an open question, but is demonstrable Science."⁷

Peace on earth is a present possibility to be welcomed and accepted. It means the presence of the Christ among men—evidence that God, divine Love, the one Mind, is the true motivating power of all the good men are able to accomplish.

When the meaning of true peace is fully comprehended, the light of the Christ, Truth, will illumine human consciousness, and all will hear and understand the immortal message proclaimed when the Saviour was born: "Glory to God in the highest, and on earth peace, good will toward men."⁸

¹ Isa. 32:17, 18; ² *Science and Health*, p. 293; ³ Matt. 5:9; ⁴ Col. 3:9-11, 15; ⁵ *Miscellaneous Writings*, p. 154; ⁶ John 14:27; ⁷ *Science and Health*, p. 171; ⁸ Luke 2:14.

Are We Waiting for the Waters to Be Troubled?

AURELIO J. COLTRI

Today, as in past centuries, world opinion clings desperately to finite matter. It is believed that there is intelligence in matter and that the individual depends upon it for his longevity and well-being. Many mistakenly believe that climate, sun, water, and food possess power and intelligence to heal man or make him ill, and that God made matter and accorded these powers to it. In *Science and Health*, however, Mrs. Eddy writes: "When we endow matter with vague spiritual power,—that is, when we do so in our theories, for of course we cannot really endow matter with what it does not and cannot possess,—we disown the Almighty, for such theories lead to one of two things. They either presuppose the self-evolution and self-government of matter, or else they assume that matter is the product of Spirit."¹

In Jesus' day in Jerusalem many believed that the waters of the pool of Bethesda possessed healing properties. A man with an infirmity of thirty-eight years sat daily beside this pool, waiting for a chance to be healed. When Christ Jesus saw the sufferer, he asked, "Wilt thou be made whole?" The man answered, "Sir, I have no man, when the water is troubled, to put me into the pool: but while I am coming, another steppeth down before me."²

The helpless one, weary from his long wait on matter, at first tried to explain to Jesus why he had not been healed. But the law of divine Mind was already operative, and its presence was felt instantly. Mortal thought could not resist divine power. Jesus, declaring the truth based on divine Principle, specifically applied God's law to the situation, thereby nullifying any other supposed, contradictory law as illegitimate. Jesus' command was pure and simple; it involved no chance, time, human cause, or material force but contained within itself a recognition of the sovereign

power of God, good. He said to the man, "Rise, take up thy bed, and walk."³ The man, responding to the divine command, was healed instantaneously.

Jesus acknowledged no allegiance to, or reliance on, any form of superstitious belief. Guided by demonstrable Truth, he uncovered the unreality of the false condition of infirmity confronting him. He neutralized the belief of power in matter—that water could possess healing properties. He knew that popular opinions could not infringe on humanity's God-given right to enjoy health and harmony, no matter how long these beliefs were held, no matter how many believed them to be true. He saw the reflection of health, harmony, and right activity as ever present. He knew that immorality and disease were healed in one and the same way—through the one divine power, God.

Many today believe themselves restored by materialistic means. The beliefs held about drugs and medication are neither more nor less erroneous than the beliefs held by those waiting hopefully at the pool. Having a blind faith in these remedies and believing them to be effective, one may see the manifestation of his own human thought—the appearing of a finite degree of health, a finite sense of life dependent on matter. Christian Science shows us that these remedies are as "idols according to [the believers'] own understanding."⁴

Relying on the physical sense testimony as true, we find that the body appears improved or restored to a healthful condition. This belief, however, is the expression of a finite mind in league with material sense. To be taken in by this false evidence is tantamount to working in accord with the so-called human mind and matter. We have agreed to agree with sense testimony instead of agreeing to disagree as we should.

In *Science and Health* Mrs. Eddy refers to a woman who believed that a certain wind was the cause of her illness: "A woman, whom I cured of consumption, always breathed with great difficulty when the wind was from the east. I sat silently by her side a few moments. Her breath came gently. The inspirations were deep and natural. I then requested her to look at the weather-vane. She looked and saw that it pointed due east. The wind had not changed, but her thought of it had and so her difficulty in breathing had

gone. The wind had not produced the difficulty. My metaphysical treatment changed the action of her belief on the lungs, and she never suffered again from east winds, but was restored to health.”⁵

Are we, like this woman, blaming matter for illness? Or are we, like the man at the pool, looking to matter for a healing? Perhaps we have our own scapegoat to blame for our difficulties. But if we are awake to recognize God as the only cause, the only power and activity operating, then we are ready to accept the blessings of the Christ, Truth, operating in human consciousness today as it did during the time of Jesus.

Christian Science offers humanity real and permanent healing. Infinite power, divine Love, blesses man with a consciousness thoroughly permeated with an understanding of Life, Truth, and Love. God’s will cannot be thwarted, reversed, or stopped from accomplishing its holy purpose—that God be glorified. To be healed physically, morally, and permanently is to be healed through the action of infinite Truth. Through the study and acceptance of Christian Science we gain a more spiritual insight into the magnitude of God’s love and power—the One “who forgiveth all thine iniquities; who healeth all thy diseases.”⁶

Disease, limitation, superstition, or the belief of power in matter, never having been included within the realm of God’s creation, have no existence and therefore cannot be perceived. They are false beliefs—lies about Truth. God-derived thought gives the only reliable evidence of our true selfhood, our true identity. A sinful or discordant view of man need only be corrected by the application of the scientific fact—that we are “the new man,” God’s sons and daughters, “created in righteousness and true holiness.”⁷

Keeping our attention on the universe of Spirit, we see beauty, health, and happiness. We see problems solved, diseases healed. We see Mind governing every activity, controlling every thought, and expressing intelligence, harmony, and freedom throughout His kingdom.

¹ *Science and Health*, p. 119; ² John 5:6, 7; ³ v. 8; ⁴ Hos. 13:2; ⁵ *Science and Health*, pp. 184–185; ⁶ Ps. 103:3; ⁷ Eph. 4:24.

Red Dragon— Symbol of a Lie

ALICE WILT STRAUSS

The great red dragon with seven heads and ten horns, described in the book of Revelation in the Bible, had always been a mysterious symbol to me until I began to delve for the deep meaning of Mrs. Eddy's explanation of it in *Science and Health*, in the chapter entitled "The Apocalypse." There she writes: "The great red dragon symbolizes a lie,—the belief that substance, life, and intelligence can be material. This dragon stands for the sum total of human error. The ten horns of the dragon typify the belief that matter has power of its own, and that by means of an evil mind in matter the Ten Commandments can be broken." She continues with this encouraging statement: "The Revelator lifts the veil from this embodiment of all evil, and beholds its awful character; but he also sees the nothingness of evil and the allness of God."¹

At one time when error seemed to me to be especially aggressive, presenting itself first in one form and then in another, the picture of the great red dragon came to my thought. At first I ignored it. I said to myself, What has the red dragon to do with the problems confronting me? But I had been earnestly striving to discern the nothingness of the false claims presenting themselves and had been trying to keep my consciousness filled with the spiritual fact of God's allness and ever-presence, so I decided the red dragon must have some significance in answer to my prayers. I turned to the biblical account of the dragon in Revelation and earnestly studied it along with Mrs. Eddy's explanation, searching for the spiritual meaning.

As I read about this dragon, representing "the sum total of human error" and having seven heads but only one body, I saw that the phases of error so insistent on recognition were nothing more than

objectifications of this lie of mortality, asserting it had power to disturb the harmony of my existence.

I said to myself, Why, these arguments are all part of the one lie—"the belief that substance, life, and intelligence can be material." It doesn't make any difference what the manifestations or situations seem to be, or through whom they may seem to identify themselves, each phase of error comes from the same lying source. As I realized this more clearly, the problems began to disappear.

Even though multiplied seven or seventy times and appearing in different forms, situations, or conditions, a problem still is a lie, without foundation, justification, or support, for Truth exposes and destroys the lie and its false claims. A lie never was true, is not true now, and has nothing to give it continuity or existence. It has no mind, no source of intelligence to empower it to resist its expositor and destroyer, Truth; for God is Truth, and God is the only Mind and power.

As I worked along this line, I saw also the importance of handling—that is, reversing—in all treatment, error's boast of power to resist the Christ, Truth. Truth stands inviolate, to be recognized, understood, and demonstrated as unchangeable and unchangeably true. There is no mind or intelligence to alter this spiritual fact.

The Revelator assures us that the dragon, error, cannot touch God's spiritual idea, which he pictures as a woman crowned with stars, bearing a child whom the dragon threatens to devour. Love's unfailing protection of the divine idea is always at hand, for "her child was caught up unto God, and to his throne."² Referring to this, Mrs. Eddy writes, "After the stars sang together and all was primeval harmony, the material lie made war upon the spiritual idea; but this only impelled the idea to rise to the zenith of demonstration, destroying sin, sickness, and death, and to be caught up unto God,—to be found in its divine Principle."³

Faced with error in any form—whether it identifies itself as sickness, lack, frustration, or inharmonious human relations—we can learn to recognize these claims as merely the fictitious seven heads of the dragon, and through our understanding of Christian Science we, too, can "rise to the zenith of demonstration." We can know that in Love's ever-presence there is no evil, no power resisting God.

So what if error tries to make us believe it has many different manifestations? What if it tries to make us believe it has power to disrupt our churches, our homes, our communities, our government, our world? We have the God-given ability to recognize and refute each presentation as a lie. We can learn to recognize every false claim or argument as the red dragon, animal magnetism, with its lying assertion of power to manipulate human consciousness into accepting as true any or all of the many ways by which it would identify itself.

But why should we be disturbed by what has been proved to be only a lie? A lie is a lie and can produce only lies, as Christ Jesus made clear. Speaking of the devil, he said, "When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it."⁴

The many types of error that confront us today are basically no different from those that confronted the Master two thousand years ago. But through his clear understanding of God as the only power, he exposed and destroyed error's every claim. It made no difference to him which head of the dragon was asserting itself; he knew that each manifestation was but another phase of the belief that man is a fallible mortal. He understood and acknowledged God as Father, the only source or cause. It was his understanding of the unchanging, undeviating goodness of this divine Principle, Love, governing and controlling all, that enabled him to prove "the nothingness of evil and the allness of God."

We find John's prophetic foresight of the total destruction of evil's pretense to power in these words: "The great dragon was cast out, that old serpent, called the Devil, and Satan, which deceiveth the whole world: he was cast out into the earth, and his angels were cast out with him."⁵

Mrs. Eddy gives this key to the spiritual meaning of the Revelator's vision: "That false claim—that ancient belief, that old serpent whose name is devil (evil), claiming that there is intelligence in matter either to benefit or to injure men—is pure delusion, the red dragon; and it is cast out by Christ, Truth, the spiritual idea, and so proved to be powerless."⁶

We can stop believing that error has many facets, many phases, each with an identity or individuality of its own. We need not be

fooled by the seven heads of the dragon but can realize that they all stem from the same source—the figurative dragon that “symbolizes a lie.” We can prove “the nothingness of evil and the allness of God.”

¹ *Science and Health*, p. 563; ² Rev. 12:5; ³ *Science and Health*, p. 565; ⁴ John 8:44; ⁵ Rev. 12:9; ⁶ *Science and Health*, p. 567.

No Separation in Spiritual Reality

CYRIL ALEXANDER BARBER

The truth of life has power to take the sting out of death and the loss of loved ones. Bereavement need not be a dark and harrowing experience, if one turns completely and persistently to Christ, Truth, for comfort.

We can know that those who are said to have passed on are living where we ourselves are living, where all creation has forever existed—in divine Mind, Love, the ever-present God, who takes perfect care of all that He makes. Christ Jesus said plainly that our Maker is “not a God of the dead, but of the living: for all live unto him.”¹

When someone we love can no longer be seen physically, or touched, or talked with, our faith in God may be severely challenged. But death’s cruel claim to destroy life and love was fully faced and mastered by Christ Jesus when he allowed himself to be crucified and later walked out of his tomb to rejoin those he loved, who loved him. Mrs. Eddy tells us, “Jesus could give his temporal life into his enemies’ hands; but when his earth-mission was accomplished, his spiritual life, indestructible and eternal, was found forever the same.”²

The Master’s followers grieved in the conviction that he was dead, because they had seen his earthly body killed. They accepted as true

and reliable the testimony of the physical senses. They thought life began with human birth and must end with human death. But Jesus, inspired and upheld by his heavenly Father, the eternal Mind that is Love, was determined to bless mankind with the understanding—the certainty—that real manhood and womanhood are spiritual and indestructible.

This indestructible life of man, which the Saviour gloriously proved to be the truth, doesn't begin with human birth. God, the Giver of life, is infinite, without beginning or end or boundaries of any kind. He is divine Life itself, and He imparts to man the consciousness of His own beginningless, endless being. Our true life is not measured out in a ribbon of days and years that is finally cut off; it is infinite.

When we first encounter this truth, we may feel helpless even to begin to comprehend the infinite, because of its vastness. But when we learn from Christian Science that God is Mind, we find infinity coming within the range of our understanding.

After all, even human thinking has fantastic outreach, from atoms to stellar galaxies, and we don't find this strange or incredible. Consequently it is easy to accept the basic fact—though not as easy to grasp the boundless significance—of divine Mind as possessing unlimited scope.

Familiarity with the concept of Mind's infinity opens up to our mental vision the possibility, indeed the inevitability, that creation consists of divine Mind's infinitude of ideas. These ideas must be like Mind—eternal, perfect, wholly good, unrestricted in their unfoldment. And Mind, being Love, naturally cherishes them eternally as the loved expressions of itself.

This truth of creation, brought to mankind by the Comforter, divine Science, leaves no room for matter or evil. In other words, Christian Science reinforces and amplifies Jesus' proof that the physical senses do not tell the truth of man. Spiritual sense, the precious faculty that links us with God through intelligent prayer, enables us to discover who we really are—not physical mortals but God's children, divine Love's ideas, deathless because expressing infinite Life.

Knowing this, we can confidently deny any assertion of the physical senses that a loved one has died. We can trust in the infinity, the

allness, of divine Life and its ever-living creation. We can be sure that not a single identity, or idea, ever ceases to live to God's glory in the all-sustaining Mind, God.

Even the instinctive human longing to see loved ones again in the flesh can be superseded by a higher sense of unity with God and therefore with them in spiritual reality. Those we love were never merely physical persons. Indeed, it is the false conviction that blood, flesh, bones, make up man—that man is material, or a limited mind in a perishable body—which is the very foundation of the human belief of bereavement, loss of loved companionship, separation. Mrs. Eddy points out, "A mortal and material body is not the actual individuality of man made in the divine and spiritual image of God." ³

We all know this in part, for we know we wouldn't have loved a friend more if he or she had been taller, or had gray eyes rather than brown. It isn't bodily characteristics but qualities of mind and heart that win our affection. Humor, courage, imagination, sincerity, loyalty to family and friends, and above all, steadfast love—these are examples of what we treasure as pointing to the essential nature, the individual loveliness of one dear to us. We are remembering spiritual qualities in their human expression, and these, being derived from our eternal Maker, cannot be destroyed nor cease to be embodied in individual, spiritual man.

Happily we don't have to struggle on our own to grasp the satisfying truth of perfect, spiritual creation embracing all identities. Christ, Truth, is always with us, and comes to our receptive thought with progressive illumination and comfort: "Christ is the true idea voicing good, the divine message from God to men speaking to the human consciousness," ⁴ writes Mrs. Eddy.

Attentive to the Christ for divine thoughts and promptings to good deeds, we gradually take on more of the pure consciousness of all good, which God is always imparting to His son, spiritual man.

Even glimpses of this spiritual realm of reality, the truth of being, strengthen our faith until eventually it becomes the sturdiness of positive conviction. Instead of perhaps merely hoping to know God someday, we actually experience Him in comforted hearts and inspired thoughts. And when this happens, the temptation to feel

bereaved, or separated from someone precious to us, gives place, with gratitude, to the realization that God, Love, is All, embracing all creation—including our loved ones and ourselves—in immortal Life.

¹ Luke 20:38; ² *Science and Health*, p. 51; ³ *Rudimental Divine Science*, p. 13; ⁴ *Science and Health*, p. 332.

HOME IS HEAVEN

How I miss home at Christmastime—
just long for home.

Mary and Joseph had to go away,
away from their home.

Her little baby wasn't born at home—
where was his home?

The foxes have holes and the birds their nests
but Jesus said he
 didn't have a home—

didn't have a place to lay down his head.
Have *you* got a home?

"In my Father's house are many mansions."
Where is *my* home?

"If it were not so, I would have told you."
Then—
 heaven's our home!

"I go to prepare a place for you."
Everybody's home?

Heaven's right here for the whole human race.
Come along home.

HELEN BONNELL BUTT

Three on a Date

William Marshall Fabian

When you go on a date, make it a threesome—don't forget God. Maintaining your closeness to God is as important in dating as in academics and athletics.

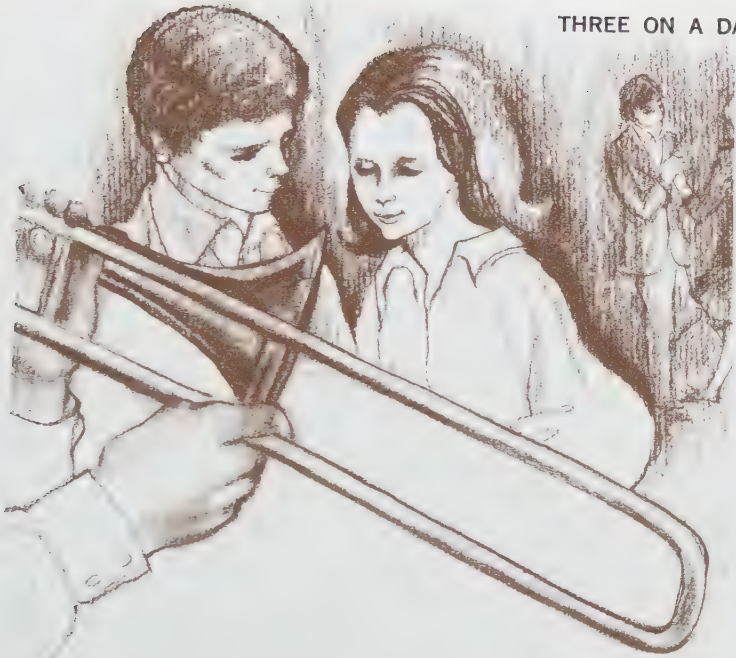
It isn't frivolous to take just a few moments before leaving home or dormitory to draw close to God. No one is too self-assured to do without a humble request for grace to act in a way pleasing to Him. Selfishness, arrogance, willpower, and lust will then have no place in thought or action. You can be *yourself*—God's man, whose happiness is spiritual and deep. Then you're free to see the best of yourself and give the best of yourself. This affirmation of man's unity with God leaves you free to respond to His directing. The Bible states it this way: "The preparations of the heart in man, and the answer of the tongue, is from the Lord. . . . A man's heart deviseth his way; but the Lord directeth his steps."¹

One experience in my high school years illustrates this. It was a girl's-choice dance party. What the band played sounded more like noise than music. I only knew my partner from class. The whole evening was beginning to drag. It was saved, though, when I remembered the quiet thoughts I had had with God before the dance began. These thoughts were from Mrs. Eddy's poem:

O gentle presence, peace and joy and power;
O Life divine, that owns each waiting hour.²

I had thought about the *gentleness* of God's presence. At the moment, though, that divine peace and joy seemed a long way off. But I knew God's power was supporting this uplifting of consciousness, in spite of all the noise and boredom that seemed to crowd out spiritual qualities. As I thought over Mrs. Eddy's poem again, I prayed to God, recognizing His control. I became less aware of the bedlam and more aware that I could contribute to the happiness of both of us. As a result, she and I had a good time for the rest of the evening, right on the dance floor where I'd been so bored before.

Maybe someone's wondering if a desire to enjoy yourself isn't a selfish attitude. The right kind of enjoyment is a response to divine Love. We're acknowledging God as the source of our joy, and



we're sharing it. There's no false sense of self involved. We're blessing those around us by radiating spiritually-based happiness, rather than being artificially keyed up or else being bored—both purely negative states.

God's love is constant; His happiness doesn't turn on and off. He doesn't share His love with some of us and withhold it from others. All have the divine right to feel His love. When we are expressing that love, we don't exclude anyone by being unkind, indifferent, or self-righteous. A date can be our opportunity to touch the heart of someone who is shy, lonely, and unhappy. This isn't a small thing. It's contributing to the solution of the world's biggest problem—people's seeming inability to relate to God and to each other.

Perhaps we are the ones who feel shy or lonely. But why should we, since God's love encircles us? There is no inferiority complex in Love, any more than there is a superiority complex. Divine Love possesses every beautiful, wonderful quality. The realization that Love's expression, man, also possesses these qualities dispels shyness

and loneliness. We then want to reach out in Love's own way. The giving way is Love's way. Mrs. Eddy writes, "Wholly apart from this mortal dream, this illusion and delusion of sense, Christian Science comes to reveal man as God's image, His idea, coexistent with Him—God giving all and man having all that God gives."³

Sometimes our friends may use alcohol and tobacco as material crutches to get through an evening or simply to consider themselves socially acceptable. Either way, this reliance is a robbing substitute for reliance on God. It is incompatible with Christian Science to expect God to be the source of our joy in one instance but not in every instance. Spiritual understanding gives us the assurance necessary to say, "No, thank you, I don't drink," with real conviction that encourages others to find their freedom from alcoholic dependence.

A friend of mine, a Christian Scientist, works at a country club during vacations. Often she is invited to dinner by members, in lieu of a tip. On one occasion she was offered an alcoholic drink, which she politely refused, explaining that she was a Christian Scientist. A brief discussion of Christian Science followed, and her hosts refrained from drinking that evening. None of us can know how deeply our stand for freedom may affect others.

Parties can't fail when we accept the presence of the Christ, Truth, which is always joy-giving. Jesus was more closely identified with the Christ than was anyone. He lived the Christ to bless others. Mrs. Eddy defines "Christ" as "the divine manifestation of God, which comes to the flesh to destroy incarnate error."⁴ Jesus exemplified the Christ in rebuking sin and healing physical ills and filling every human need. He did this wherever he went, even at a wedding party. Why shouldn't a social event include the Christ?

The more we walk and talk in praise of God—and dance in praise of Him, as did King David—the better our relationships will be. Our relationship with God can't be severed, nor can any friendship based on spiritual attraction. Any activity that brings us closer to Him is a healing one. As we share the peace and joy we find in our awareness of the Christ, our happiness multiplies. We don't pray just to have a good time. We pray to bring God's happiness to all our friends.

¹ Prov. 16:1, 9; ² *Poems*, p. 4; ³ *The First Church of Christ, Scientist, and Miscellany*, p. 5; ⁴ *Science and Health*, p. 583.

Elaine Helps Gary

Wendy Louise Stevens



Breakfast is usually a busy, happy time at Elaine and Gary's house. But one morning the talking and laughter were spoiled by an unhappy sound. Gary was crying. He climbed down from his chair with a sad face.

He wanted to lie down because his stomach hurt. Mother made him comfortable on the davenport. Then she put on a record of hymns with words by Mary Baker Eddy. Gary had heard these songs at the Christian Science Sunday School where he and Elaine went each Sunday. His favorite was first on the record. It begins, "Shepherd, show me how to go."¹

While Gary listened, Mother helped Elaine get ready for school. Then Elaine hurried into the front room to spend a few minutes with Gary.

"You don't need to come," she told Mother. "I'll help him." Elaine meant she would pray for Gary. She knew that God is good and loving, so He wouldn't let any of His children ache. It was only a lie pretending to be true, and she wasn't going to be fooled by it. She would only listen to good thoughts from God.

She sat down beside her little brother and began to talk about God. She reminded him that God was right there loving him and taking care of him. "'Thou shalt have no other gods before me,'" Elaine said. She had learned this first commandment from the Bible, Exodus 20, verse 3. "That means there is only one God. Our God is good."

The night before, when Elaine was ready to go to sleep, Mother had read her this sentence by Mrs. Eddy from *Science and Health* on page 418: "Speak the truth to every form of error." By knowing that anything bad was not true and helping Gary to know it too, Elaine was speaking the truth.

"Where did error come from?" she asked Gary.

"From nowhere," he said. He had learned that because God fills all space there is really no place for error to be. Error is just a mistake about the truth.

"That's right," Elaine cried joyfully. "You knew the right answer. If error comes from nowhere, it is nothing and it can't hurt you. You are really fine right now because God is here."

Then it was time for Elaine to put on her boots and coat and leave for kindergarten. "Bye," called Gary, "have fun at school."

In a few minutes he got up. "Help me finish my breakfast, please, Mommy," he said. The pain in his stomach was gone.

When Elaine came home at lunchtime, she found a happy brother waiting to play with her.

¹ *Christian Science Hymnal*, No. 304.

Editorials



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Editor

NAOMI PRICE
Associate Editor

PETER J. HENNIKER-HEATON
Associate Editor

ALFRED F. SCHNEIDER
Associate Editor of the Herald

Prayer Heals Chills and Fever

Peter's mother-in-law was in bed with a fever when Christ Jesus came to the house. But to the Master there was no insoluble problem. The Bible says, "He touched her hand, and the fever left her: and she arose, and ministered unto them."¹

How simple this seems. There was no temperature-taking, no diagnosis, no waiting time for the fever to break, no administering of medication, no period of recuperation. The apparent origin of the fever and its symptoms—infection, contagion, chills, virus, poison, or whatever might have seemed to be causes or contributing factors to it—were ignored. Within moments the apparently sick, incapacitated woman was restored to health and activity, and her strength so completely returned that she was able to get back to her accustomed duties right away.

The divine power expressed by Christ Jesus that enabled him to heal a case of fever so instantly and completely was not unique to him. His immediate disciples had access to it, and there is evidence that some of his later followers did, too. We hear that Paul healed the father of Publius, the chief man of the island of Melita. This man was prostrate with fever and other alarming symptoms, and, according to the Bible account, "Paul entered in, and prayed, and laid his hands on him, and healed him."²

The prayer that heals fever, chills, and all other discords is an attitude of thought shaped by Christly understanding. It involves the calm, clear awareness of what being really is—the Christianly scientific recognition of the presence of the perfect, spiritual universe and man created by God—and faith that the divine Father maintains health and harmony in His creation forever.

Christ Jesus taught that the kingdom of heaven—the state of spiritual health and harmony—is always present. This was the gospel he sent out his disciples to preach and to prove through healing. Christian Science maintains that this good news of the ever-presence of God's perfectly governed universe, when accepted into consciousness, is just as effective to heal now as in the time of Jesus and his follower, Paul.

In the early days of her practice of Christian Science, Mary Baker Eddy, its Discoverer and Founder, proved the possibility of healing disease in its most acute and advanced forms through the prayerful understanding of God's permanently perfect universe and man. One case of healing involved a little boy of preschool age who was so ill with a fever that his mother feared he had died. His mother brought him to Mrs. Eddy, put him on her bed, and then, at Mrs. Eddy's request, left the house for an hour.

Mrs. Eddy afterward related, as one of her household recalls it, "After her departure I went to God in fervent prayer and very soon the boy sat up in bed." There followed an encounter between Mrs. Eddy's prayerful affirmations of truth concerning the boy's health and well-being and the child's resistance to them. Then, Mrs. Eddy continued, "... I took him in my arms and my thought went out to my heavenly Father."³ The boy quieted down and was soon ready to go home—healed.

In *Science and Health with Key to the Scriptures* Mrs. Eddy explains that all diseases, including chills and fever of various types, are mental. They are the product of fearful, false belief in the possibility of ill health and suffering; and the discordant physical symptoms accompanying them are images of mortal thought thrown upon the body. She writes: "Chills and heat are often the form in which fever manifests itself. Change the mental state, and the chills and fever disappear."⁴

On the following page Mrs. Eddy shows how disease can be healed through prayer. "Because the so-called material body is a mental concept and governed by mortal mind," she writes, "it manifests only what that so-called mind expresses. Therefore the efficient remedy is to destroy the patient's false belief by both silently and audibly arguing the true facts in regard to harmonious being,—representing man as healthy instead of diseased, and show-

ing that it is impossible for matter to suffer, to feel pain or heat, to be thirsty or sick.” And she continues, “Destroy fear, and you end fever.”

In this present era of instant communication, more than ever before we need to maintain in ourselves a state of prayerful consciousness of the true facts of harmonious being. Through press, radio, and television a steady flow of fear-inducing reports on disease floods the earth; vivid mental pictures of symptoms and descriptions of suffering come right into our homes; prophecies and prognostications tempt us to cringe before the possibility of epidemic and danger. But we will not be influenced by these aggressive mental suggestions if we keep the standard of perfect God and perfect man flying high in our thought through fervent prayer.

This prayer, in which we argue “the true facts in regard to harmonious being,” knowing that in truth man can never be sick because God, good, is All, destroys our own fears and the fears of others. The consequence is healing. We prove Truth has power to heal chills and fevers for them as well as ourselves—and not only to heal those who are already sick but to put a stop to epidemic.

NAOMI PRICE

¹ Matt. 8:15; ² Acts 28:8; ³ Irving C. Tomlinson, *Twelve Years with Mary Baker Eddy* (Boston: The Christian Science Publishing Society, 1966), p. 48; ⁴ *Science and Health*, p. 375.

Perfection and Healing

“ . . . we should go to a patient with the feeling that he is well and we want to show him that he is well.” This is part of the instruction given by Mrs. Eddy on the subject of quick healing, as recorded by one of her students. His record continues, “She told us that when she had healed instantaneously she had lost sight of the personality and realized only the presence of the spiritual and perfect.”¹

In *Science and Health* Mrs. Eddy writes, “Perfection is gained only by perfection.”² Approaching this same point from many angles throughout her book, she repeatedly makes clear that in

Christian Science healing we start from spiritual perfection as the present existing fact. We cannot heal by starting and staying with the imperfect—even with a *belief* in the imperfect—and expecting to change it into its opposite. Mrs. Eddy's instruction is in line with Christ Jesus' words, "Be ye therefore perfect, even as your Father which is in heaven is perfect."³

Human mentality is apt to be a busybody. It wants to feel it's doing something on its own, stirring up and adjusting things more to its liking. Sometimes its intentions are destructive. More often perhaps it aims to improve things; it decides that a body, a business, a marriage, a community is wrong and it will put these right. The efforts of the human mind may have some successes; but too often these successes are short-lived, because they proceed from the impossible basis of attempting to make perfection out of imperfection.

The practice and demonstration of Christian Science start from the action of divine Mind and what divine Mind knows of its creation. Divine Mind, being infinite and perfect, knows only good, only infinite perfection. In divine healing we help the patient to recognize his present perfect health, his present perfect substance and functioning, as these are known to divine Mind. Starting from this recognition, human thought ceases its struggle to be an independent actor, now making us sick, now well; it yields instead to divine Mind's assertion of present and eternal perfection.

Admittedly, the statement of Christian Science healing methods, written or spoken, contains many references to disease or other evils as false beliefs, false claims, illusions, dreams, and so on. The use of these terms might seem to give a degree of reality to imperfection that then needs to be corrected. This is by no means the intention. To tell an invalid that he is completely well may be more than he can swallow at one gulp. But if he begins by seeing his condition as a false belief, an illusion, a lie about him, he may soon be ready for the further step of seeing he is not really ill at all. The use of these terms has merely provided stepping-stones across a river that might have seemed too wide to cross with a single leap of thought.

But one does not set up house on a stepping-stone. If a patient lingers too long with the thought that disease is a false belief or illusion, disease may become as menacing to him in this form as when it was thought of as solid reality. He must be encouraged

to move on as quickly as possible to the recognition that disease is wholly unreal, not even a false belief, because divine Mind, man's only Mind, never entertains a false belief or an illusion.

Similarly, although the practitioner may speak of a false claim or belief to get the patient's thought moving and prepare it for the next step, the practitioner needs to be quite clear from the start that only perfection is present. He does not come to a mortal person to put a diseased body right; he comes, seeing only an individual expression of God. Then practitioner and patient together recognize the eternal fact of present perfection, of perfect health and wholeness already and always present without damage or decay, disfigurement or deformity.

The evidence of the physical senses may deny perfection, but Christian Science depends on the evidence of spiritual sense, of divine Spirit and its wholly spiritual creation. In a court case whole volumes of false evidence may be presented, but it doesn't make the accused guilty. Nor does evidence of innocence, when presented, change a guilty man into an innocent man; all it does is to reveal the already existing innocence of the accused. This is what happens in Christian Science healing: the false evidence of imperfection, of disease, is dismissed by the eternal fact of man's inviolable health.

But how can recognition of perfection exercise active healing power? Spiritual perfection includes infinite newness, infinite freshness, action, and activity. It is not static; it is dynamic. Only mortal thought thinks of perfection as static. Mrs. Eddy writes of all-acting divine Mind, "Without Mind, man and the universe would collapse; the winds would weary, and the world stand still."⁴ If mortal thought had its way, this is indeed what would happen; but under the control of divine Mind, man and universe, winds and world, express tireless healthy action, moving from glory to glory, from perfection to perfection.

Every healing in Christian Science demonstrates to a degree this eternally active and inviolate perfection of God's man and God's universe.

PETER J. HENNIKER-HEATON

¹ *We Knew Mary Baker Eddy*, Second Series (Boston: The Christian Science Publishing Society, 1950), p. 23; ² *Science and Health*, p. 290; ³ Matt. 5:48; ⁴ *The First Church of Christ, Scientist, and Miscellany*, p. 106.

Annual Meeting 1977

Members and Branches Invited to Make Reports

Again this year, in accord with Article XIII, Section 1, of the *Manual of The Mother Church* by Mary Baker Eddy, reports from the Field for Annual Meeting are warmly invited. Of course, not all reports submitted can be used, but it was felt that last year's Annual Meeting was enriched by the wider application of this *Manual* provision.

Annual Meeting 1977, which will be confined to one day, Monday, June 6, will explore the deeper dimensions of Christianity. Material submitted need not be confined to the single theme, but the Annual Meeting Planning Committee is particularly looking for illustrations of Christianity made practical by scientific demonstration, and of success in making our *Manual*-provided church activities more effective. These contributions may be:

—*Talks* of about 500 words by individual members, including Sunday School pupils. Please include concrete examples of the application of Christian Science.

—*Reports* of about the same length from branches and college and university organizations.

All talks and reports will be read and given very careful consideration. They will be sincerely appreciated, and as many as possible will be used. Please submit them by *February 15* to The First Church of Christ, Scientist, Evaluation Chairman, Annual Meeting Planning Committee, A-203, Christian Science Center, Boston, MA, U.S.A. 02115.

Testimonies of Christian Science Healing

Mary Baker Eddy begins the Preface to *Science and Health with Key to the Scriptures* with these words (p. vii): "To those leaning on the sustaining infinite, to-day is big with blessings." I gratefully submit this testimony in proof of her statement.

Until I became interested in Christian Science, soon after my marriage, I suffered a painful digestive condition. This sometimes made me stay home from business, resting in bed while dieting and taking much medicine. Our kindly family doctor could find no cure, and one day remarked it was a blessing my music meant so much to me as I would never be strong enough for much else.

I then heard of Christian Science and went to a Reading Room to learn how I could get help from a Christian Science practitioner. At my first interview it was explained to me that a sick mortal was not God's creation and that evil, in whatever guise, had no law of God to support it. The practitioner then explained that the child of God's creation is permanently perfect and controlled under divine law. When I saw by resisting belief in the power of evil it could be proved powerless, the mesmerism was shattered. Equipped with this new understanding I ceased to fear the condition, and soon found courage to partake of the same food that was prepared for my husband. I well remember the joy of that first meal, and the unbounded gratitude I felt in being lifted out of that condition.

From then on I was more awake to God's goodness, and my life began to open out in a wonderful way; I was able to

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

bear two healthy children and to lead a useful and active life.

When still very young in Science, I witnessed an instantaneous healing. Mrs. Eddy says (*ibid.*, p. 449), "A grain of Christian Science does wonders for mortals, so omnipotent is Truth, but more of Christian Science must be gained in order to continue in well doing." The truth of the good accomplished by "a grain of Christian Science" was proved by the following experience.

My three-month-old son had been put in his pram on the lawn one day. A while later I saw through the window that the pram was upside down and the baby facedown in a flower bed. In running to him my thought was of God's permanent control of His creation. As I picked the child up his face was blue, and there was a lump on his head. I laid him in his cot, dirty as he was, without looking again, and turned to the answer to the question "What is man?" in *Science and Health*. It begins (p. 475), "Man is not matter; he is not made up of brain, blood, bones, and other material elements." After studying some while I then felt completely composed and looked in the cradle. The child's color was normal (except for the wet mud) and there was no lump visible. This holy experience shows that in an emergency Truth is indeed the panacea.

During the war when my husband was serving in the armed forces somewhere in Europe, this same baby a few months later awoke one morning and cried out one word, "Daddy!" Feeling this might be a warning his father was in danger, I knelt by the bed to pray in affirmation that man's inseparable relationship to God is eternally intact—the physical condition or country was of no consequence and could not alter this fact.

A few days later I heard from his regiment that my husband had been seriously ill. The Army surgeon saw him alive and recovering the following morning, when he had thought the night before my husband had but an hour to live.

I am deeply grateful for Mrs. Eddy's unselfish life in giving us the benefit of God's revelation to her of the Comforter promised by Christ Jesus, for membership in The Mother Church and a branch church, and for class instruction.

(Mrs.) ROSALIE M. CANTELLO
Croydon, Surrey, England

I am happy to verify the accuracy of my wife's testimony of her own healing, and of my remarkable recovery and the surprise shown by the surgeon who saw me alive the next morning in the military hospital.

ALBERT E. CANTELLO



A few years ago my husband and I found ourselves in extremity, with fear, anxiety, and doubt our daily companions. Financial loss so great as to seem catastrophic had resulted in depletion of our savings and insurance at a time of life when many of our contemporaries were retiring. We saw all our hopes and plans go awry. All I had learned and experienced of God's unchanging love through prior years' study and practice of Christian Science enabled me to help my husband maintain his courage and hope. Still the situation continued to threaten over many months. There were sleepless nights when my *Christian Science Hymnal* with its many messages of hope and courage enabled me to continue in my path toward freedom.

Finally, with the help of a Christian Science practitioner, I began obediently to turn away from the dismal human picture and focus my thoughts on the true sense of affluence—the allness of God. The real turning point came one day when, during my study and prayer, I glanced down at my bedside table and noticed a paper. As I picked it up, my eyes fell on the underlined words, “Healing means revealing!” As those words filled my thought, I felt tension and worry drain away, and I stood right up declaring aloud, “Oh, how wonderful—healing means revealing! Not what seems to be going on in business, or in the body, or in human relationships, but what is already present and active right here in the only consciousness I can ever know.” The consciousness of God as ever-present good, loving, blessing, and maintaining all of His ideas, impartially and universally, was a healing revelation that has not left my thought.

This was the light needed to extinguish the darkness that had seemed to engulf me for so long and had resulted in a frightening illness. Revealing! Why, of course, all that I'll ever need is here

right now, and it is not more matter, or comfortable matter, but true substance, Spirit.

I had allowed myself to be tricked into thinking of matter in the form of a bank account as my substance, while all the goodness of God was mine as God's reflection. With this revelation to inspire me, I devoted myself joyously to the discipline of holding thought to the revealed good and abstaining from dwelling on the material situation that had seemed hopeless. This discipline led me to a more steadfast obedience to Mrs. Eddy's instruction, "Let Christian Science, instead of corporeal sense, support your understanding of being, and this understanding will supplant error with Truth, replace mortality with immortality, and silence discord with harmony" (*Science and Health*, p. 495). This has been my guideline for daily prayer and practice.

So, from an apathetic student of Christian Science who had, to some extent, let the weeds choke out the good seed, after the revealing with its purifying and healing, I returned, like the prodigal son, to my Father's house. I rejoined my former branch church, and a year later became Reading Room librarian. As librarian I had the joyful opportunity to "feed His sheep." Later I served as clerk of the church.

In our affairs total reversal of the bad financial situation followed. My husband entered a new business, and all our needs are being met. He also has been attending the church services regularly for several years. Best of all, I am learning obedience to the demands of Christian Science. One demand in *Science and Health* reads (p. 425), "Correct material belief by spiritual understanding, and Spirit will form you anew." To me spiritual understanding will always result in healing, in the revelation of what God has already done.

I am grateful for the ever-availability of the Christ, Truth, for Mrs. Eddy's selfless dedication in bringing us this practical Science of Christ, for membership in The Mother Church and a branch church, and for the continuing blessings of class instruction, with the annual association meeting. I hope my daily living will be a true testimony of this gratitude.

(Mrs.) DOROTHY JANE MCPHEE
South Pasadena, California

My first testimony appeared in the *Sentinel* in 1954. I am happy once again to express my gratitude for the many blessings Christian Science has brought into my experience.

My parents and one of my grandmothers were Christian Scientists, and I grew up attending the Christian Science Sunday School regularly. I was protected from and healed of so-called childhood illnesses through the application of my religion and had great respect for its teachings. Still, I felt I must find and demonstrate it for myself and told my mother at one time that I would not be a Christian Scientist just because my parents were.

Although, as a teen-ager, I went through periods of questioning and of doubting my ability to demonstrate Christian Science, I gradually came to see that there could be no other choice for me. Even though I did not fully understand Christian Science, I was certain Mrs. Eddy had given us in *Science and Health* the complete, accurate statement of the Science of being.

I had many healings during my childhood and college years, but of special significance to me was a healing during basic training in the Army. About three weeks after beginning advanced infantry training in a heavy weapons company, I found it increasingly painful to walk.

One morning I could not get out of bed and was sent to the base hospital. I wanted to work out the problem in Christian Science, but military regulations required me to be in the hospital. As soon as possible, I contacted a Christian Scientist who was serving as one of the Army chaplains on the base, and he informed my parents. They immediately began to support me in Christian Science, and a few days later my mother traveled to the area, bringing my Christian Science books.

Although the military doctors were unable to diagnose the difficulty accurately, all medication was stopped. At first I was confined to my bed in considerable discomfort. However, with the encouragement of my parents and treatment by a Christian Science practitioner the pain decreased, and I was soon allowed to walk around for short periods of time.

I felt a great deal of resentment and discouragement over my assignment to the infantry rather than the unit I especially wanted,

as well as over this enforced stay in the hospital. My mother pointed out that this time was not wasted but afforded me the opportunity for deep study of the Bible and Mrs. Eddy's writings.

My improvement was in direct proportion to my willingness to study, pray quietly, and listen patiently for God's direction. As self-pity and despondency yielded to the assurance of God's ever-present love and care for me, I could truly say as Christ Jesus said (Matt. 26:39), "Nevertheless not as I will, but as thou wilt." My recovery was so complete the Army doctors consented to send me home for a short leave.

Naturally I was glad to be free of the physical disability and out of the hospital, but I was also grateful for the deepened understanding of God's law that had protected and uplifted me. I knew my military assignment really had nothing to do with my ability to reflect God harmoniously, and I realized I could express God's love no matter where I was assigned.

When I returned to the hospital I was released immediately, and a short time after reporting to my old company I was reassigned to a unit where my talents and qualifications were fully utilized.

A further healing took place at that time. When I was drafted and sent away from home for basic training, I had felt frustrated and unable to communicate with my parents. But as a result of their loving concern and support during this period of healing, all my resistance and uneasiness melted away, and I felt greater appreciation, respect, and love for them.

I have had many healings in Christian Science since that time, twenty-two years ago. Mrs. Eddy says in *Miscellaneous Writings* (p. 252): "Christian Science is not only the acme of Science but the crown of Christianity. It is universal. It appeals to man as man; to the whole and not to a portion; to man physically, as well as spiritually, and to all mankind."

This is certainly true of my experience, as well as that of my wife, who was also raised in Christian Science, and of our two boys. They attend Christian Science Sunday School regularly and are using their understanding of Christian Science to help them in illness, personal relationships, and other situations they face.

Christian Science is the liberating influence in our lives, and we

are most grateful to God for Mrs. Eddy, who received the revelation of this indispensable truth, the Science of Christ Jesus' healing work.

KENNETH HUFFORD
Tucson, Arizona



I had been exposed to Christian Science in childhood and had attended a Christian Science Sunday School during high school years, but I had not accepted this teaching as my own. After I graduated from high school, my relationship with my family was discordant and unhappy. I was involved in the use of drugs and what is to me, now, an immoral life-style. I was frustrated and rebellious without really understanding why.

A friend and I took a dose of a drug while on a day's trip to a nearby city. The drug was extremely strong and aggressively depressing. Everything around us seemed futile and ridiculous. All we could see seemed to be ugliness and decay. We finally reached the point that we felt we could not go on, physically or mentally, and life appeared not worth living. The thought of suicide presented itself to us simultaneously. This surprised and stunned us both, and we felt helpless to do anything about it.

My thought desperately reached out for an alternative to this hopeless sense of existence, and in the middle of the hallucination and despair, a very simple answer came to my thought, "Christian Science."

Immediately I was filled with great hope and began remembering, and more than this, for the first time, understanding, some of the spiritual truths I had been taught in Christian Science, of God and of man in His perfect image and likeness. It is difficult to describe the change that began to take place in my thought, but I feel this statement of Mrs. Eddy's in *Science and Health* (p. 110) describes it very well: "Thus it was that I beheld, as never before, the awful unreality called evil. The equipollence of God brought to light another glorious proposition,—man's perfectibility and the establishment of the kingdom of heaven on earth."

All the things I had been taught in Christian Science about the substantiality of Spirit, God, and the beauty of God's spiritual universe began replacing the ugly and depressing concept of life in matter. In the moments that followed I gradually began to see that there really was goodness and beauty around me everywhere, and this uplifting of thought not only strengthened me, but enabled both my friend and me to literally do as the Bible says (Isa. 52:2): "Shake thyself from the dust; arise, and sit down, O Jerusalem: loose thyself from the bands of thy neck, O captive daughter of Zion."

We returned home safely.

Two years later, after a great deal of study and growth in the spiritual understanding of Christian Science, I was completely free of any desire for drugs or alcohol, and had established a happy and deeply appreciative relationship with my family. As I studied the Bible and *Science and Health* and became involved in church activities, my whole way of life changed. I met new friends, joined The Mother Church, a Christian Science college organization, and was happier, healthier, and more able to perform effectively in every aspect of my life.

As I look back on this experience, I am grateful for the increasing freedom and fulfillment Christian Science is giving me—a true sense of freedom as God's loved, and loving, obedient child, unlimited by materiality or anything unlike good.

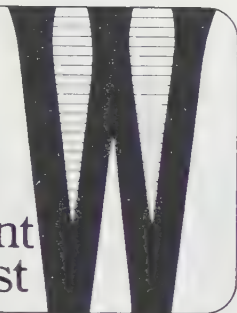
I am especially grateful for the Christian Science organization at the college I attended. The opportunities given me and the loving consideration shown by the members were a great stabilizing and enriching part of my spiritual growth during this time.

Class instruction has been the greatest learning experience I ever had, and continues to be an open door to new understanding and inspiration.

I am deeply grateful for the Discoverer and Founder of Christian Science, Mrs. Eddy, and for God's revelation to her of the Science of Christ Jesus' powerful and loving demonstration of Truth.

(Mrs.) CHRISTINE Q. HEDRICK
La Mesa, California

Words of Current Interest



Related to the Lesson-Sermon
for December 19, 1976, in the
CHRISTIAN SCIENCE QUARTERLY
Subject: Is the Universe, Including Man,
Evolved by Atomic Force?

Quicken me, O Lord (Ps. 143:11)

The original meaning of "quicken" was "alive," "living"; hence the translation in the Revised Standard Version, "Preserve my life!"

The voice of the Lord is upon the waters: the God of glory thundereth (Ps. 29:3)

William R. Taylor comments on this image: "As thunderstorms are rather rare in Palestine, the effect produced by them is all the more impressive."

Hear, O Israel: The Lord our God is one Lord: and thou shalt love the Lord thy God with all thine heart (Deut. 6:4, 5)

"The word 'one' is . . . used in contradistinction to 'many,'" observes G. Ernest Wright, "but it also implies uniqueness and difference. . . . The word 'love' is

derived from the vocabulary of family life It is in Deuteronomy . . . that the word is first employed extensively for the primary attitude which man should have toward God."

Every founder is confounded by the graven image: for his molten image is falsehood (Jer. 10:14)

The word "founder" in this passage refers to one who casts metals. The Revised Standard Version translates, "Every goldsmith is put to shame by his idols; for his images are false, and there is no breath in them."

He knoweth what is in the darkness, and the light dwelleth with him (Dan. 2:22)

Arthur Jeffery explains this passage: ". . . since light is with him the darkness hides nothing."

And he doeth according to his will . . . and none can stay his hand (Dan. 4:35)

Jeffery explains, "Lit., 'strike on his hand,' an idiom meaning 'to interfere with.' It derives from the act of knocking away a hand that is stretched out to do something."

The Lord hath made bare his holy arm (Isa. 52:10)

Both in work in the field and in battle it was the custom to fold back one's sleeve in order to have freedom of movement.

The Lesson-Sermons contain Bible references (King James Version) and correlative passages from "Science and Health with Key to the Scriptures" by Mary Baker Eddy.

Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

ENGLAND

CAMBRIDGESHIRE—St. Ives: Corn Exchange, Centenary Hall, Market Place, 3 p.m., Sat., Jan. 15. "Christian Science: Its Healing Practice" (Kenyon)

TYNE AND WEAR—Newcastle upon Tyne (Second): Newcastle upon Tyne Polytechnic, Trinity Bldg., Northumberland Rd., 7.30 p.m., Mon., Jan. 10. "Drift or Direction in Life?" (Kenyon)

FEDERAL REPUBLIC OF GERMANY

Hannover (First): Church, 26 Schiffgraben, 6 p.m., Fri., Jan. 7. "Christian Science: Its Healing Practice" (Kenyon)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

UNITED STATES

(Week of December 19 to 25, and some earlier dates)

FLORIDA—Inverness: Church, Osceola and Emory Sts., 3 p.m., Sun., Dec. 19. "Where in the World Is God?" (McClain)

ILLINOIS—Oak Park: Church, 200 N. Oak Park Ave., 7.30 p.m., Fri., Dec. 24.‡ "A New Beginning" (Jenks)

KANSAS—Hutchinson: Church, 1400 N. Main, 8 p.m., Fri., Dec. 10. "Individualizing God's Power" (Pickett). Note change of date.

KENTUCKY—Louisville (Third): Church, 1930 Bardstown Rd., 3.15 p.m., Sun., Dec. 19.‡ "The Touch of Spirit" (Clarke)

MARYLAND—Easton: Tidewater Inn, Dover and Harrison Sts., 3 p.m., Sun., Dec. 19. "The Power of God" (Rivas)

MISSOURI—St. Louis (Sixth): Church, 3736 Natural Bridge Ave., 3 p.m., Sun., Dec. 19.‡ "A New Beginning" (Jenks)

NEW JERSEY—Scotch Plains (First, Fanwood and Scotch Plains): Terrill Junior High, Terrill Rd., 8.30 p.m., Mon., Dec. 20.‡ "The Power of God" (Rivas)

PENNSYLVANIA—Philadelphia (Fifth): Bellevue-Stratford Hotel, Broad and Walnut Sts., 11 a.m., Sat., Dec. 18. "The Power of God" (Rivas)

WISCONSIN—Waukesha: County Exposition Center, North 1, W. 24848 North View Rd., 8 p.m., Thurs., Dec. 9.‡ "The Touch of Spirit" (Clarke). Please note change of place.

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Letters to the Press

From Christian Science
Committees on Publication

Lebanon Express
Lebanon, Oregon

It was quite a surprise to see your headline, "Devil worship in sermon Sunday," reporting on the Lesson-Sermon of May 30 at the Christian Science church, Leb-

anon. While it may have been eye-catching, it was totally inaccurate, and no doubt a misunderstanding of the subject.

Actually the article itself correctly reported that the Sermon denounced evil in all its forms, using the Bible text from Ephesians, "Put on the whole armour of God, that ye may be able to stand against the wiles of the devil."

But to avoid any misunderstanding allow me to state simply, Christian Scientists worship only God.

ROBERT B. HAZELETT
Committee on Publication

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Here's how you can receive the best service on a permanent or temporary change of address for your subscription to any Christian Science periodical. Send the Circulation Service Department the following information:

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LECTURE NOTICE

Detailed information regarding lectures in the United States and Canada must reach the Journal, Sentinel, and Herald Editorial Department *nine weeks* before the week in which the lecture is to be given in order to ensure publication in the *Sentinel*. Information regarding lectures in other countries must reach the department *ten to fourteen weeks* before the week of the lecture. When lectures are to be radiocast, it should be so stated, station and frequency being included. When Children's Room facilities are to be available, this also should be stated.

The receipt of all information from the United States and Canada is acknowledged by the Editorial Department. If an acknowledgment is not received within two weeks, a duplicate notice should be forwarded.

For lecture announcements to be published in the *Herald*, please refer to information on the back of the Lecture Information forms supplied to branch churches.

THE CHRISTIAN SCIENCE TEXTBOOK

Science and Health with Key to the Scriptures by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

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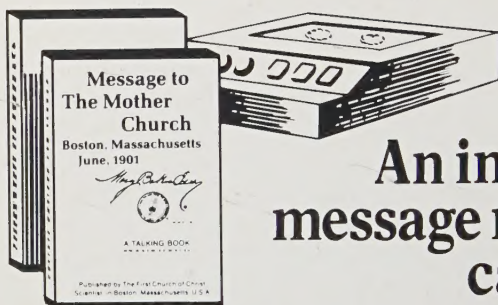
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